



# Program Overview

Through a people-first approach tailored to the participant's unique needs and abilities, the YMCA-YWCA of Winnipeg's After School Program fosters the independence, self-worth and social interaction of youth (ages 13-21) with special needs.

## The After School Program:

- Maintains a respectful and non-judgemental environment in which participants are free to express themselves.
- Assists participants to make informed decisions and gain useful skills.
- Allows participants to choose their own activities based on their personal likes and interests.
- Allows parents to continue employment, knowing their child is provided with warm and reliable care that maintains their child's self-worth and dignity.



After School Program for Youth with Disabilities  
51 Balmoral Street  
Winnipeg, MB  
R3C 1X5

[ywinnipeg.ca/afterschool](http://ywinnipeg.ca/afterschool)

*Sound Interesting?  
We want to hear from you.*

Please contact the Program Coordinators at 204.953.7314 or 204.953.7318



YMCA-YWCA of Winnipeg

After School Disabilities Program



## Student Mentorship Initiative



# Student Mentorship

We need energetic, creative and caring students to become mentors to the youth (ages 13-21) in our After School Program. As a student mentor, you can affect positive change in the lives of the participants who require a variety of physical and/or cognitive support needs.

There are plenty of benefits to being a Student Mentor! Student Mentorship looks great on a resume, gives great work experience, and can lead to a paid position. Check with your school to see if the volunteer hours you spend in our program can count towards an extra-curricular credit.

## *Mentorship Support*

Each Student Mentor has a Supervisor on-site who offers guidance and supervision so the Student Mentor can understand how to respectfully support each participant's unique needs and abilities.

## *Program Hours*

Typically, we run from 2:45 pm until 6:00 pm and are closed for all holidays, half-days, in-service days and extended breaks from school (i.e. Winter Break). Some programs provide an extra hour of care for early dismissals. In some instances, there is an opportunity to volunteer over Spring Break and/or summer.

# Responsibilities

The goal of being a Student Mentor is to provide an opportunity for our participants to interact with more of their peers and create healthy relationships with other students from their school.

This is all done through fun programming! On any given day, you could bake some cookies, play a game of Monopoly, become a scientist, make a necklace, play soccer, go to the park, play a game of catch, and much, much more!



# Become a Mentor

As a Student Mentor, you would first meet with the Program Coordinators for an interview and to learn more about the position.

We require all those working or volunteering in our programs to:

- complete an application form.
- go through an interview and screening process.
- provide three references.

Successful applicants will then be asked to:

- provide a Child Abuse Registry check (cost is covered by the YMCA-YWCA of Winnipeg).
- provide a Criminal Record Check with Vulnerable Sector Search (applicable for students over the age of 18. Cost is incurred by the Student Mentor).

After this has been completed to our satisfaction, you will be contacted to inform you of the next steps.

