



## Program Overview

Through a people-first approach tailored to the participant's unique needs and abilities, the YMCA-YWCA of Winnipeg's After School Program fosters the independence, self-worth and social interaction of youth (ages 13-21) with disabilities.

### The After School Program:

- Maintains a respectful and non-judgmental environment in which participants are free to express themselves.
- Assists participants to make informed decisions and gain useful skills.
- Allows participants to choose their own activities based on their personal likes and interests.
- Allows parents to continue employment, knowing their youth is provided with reliable care that maintains their youth's self-worth and dignity.



**YMCA-YWCA  
of Winnipeg**

After School Program for Youth  
with Disabilities  
51 Balmoral Street  
Winnipeg, MB  
R3C 1X5  
P: 204.953.7318 or 204.953.7314

[ywinnipeg.ca/afterschool](http://ywinnipeg.ca/afterschool)



**YMCA-YWCA  
of Winnipeg**



**After School Program for  
Youth with Disabilities**



## Program Details

Our programs are tailored to individual students to promote life skill development and social and emotional growth. The level of support we provide is based on the needs of the youth in our care.

Some of the regular activities we provide include science experiments, sports, arts/crafts, music and many others.

We work collaboratively with schools to maintain consistency for all the youth in our programs. This includes frequent check-ins between our staff and the school to determine the best way to meet your youth's needs.

## Locations

We operate our program at a number of schools throughout Winnipeg. If your youth attends a school without a current program, no problem! We can work with you and the school's transportation division to see if transportation can be arranged. For a current listing, please visit:

[ywinnipeg.ca/afterschool](http://ywinnipeg.ca/afterschool)



## Hours

Our programs are dependent upon when we can gain access to the rooms we use. Our programs run from 2:45 to 5:45 p.m. or from 3 to 6 p.m. depending on location and when we gain access to the rooms we use. Programs are closed for all holidays, in-service days and extended breaks from school (i.e. Winter Break). Some programs provide an extra hour of care for early dismissals.

### *Spring and Summer Camp*

Consistent care is important for the youth in our programs. We're proud to offer care over the spring and summer break periods. Though we offer spring and summer care at fewer program sites we are still able to accommodate around 30 youth.

## Cost

Finances should not be a barrier to families seeking to access our After School Program. Work with your family services worker to secure funding for a space.

The cost to families for our school year program is \$25/month.

Our spring and summer camps are \$150/week as full-day care is provided.

## How to Apply

1. Contact our program coordinators and we will support you in contacting your family services worker.
2. Set up an intake meeting
3. Complete a site visit so we can better understand the needs of your youth and help ease some of the anxieties you and your youth may be feeling.

If after the first three steps your family and our team agree this program would be a good fit, your family services worker will need to secure funding for a space in our program. Once funding is secured, we work with your family to determine a start date for your youth.

The entire application process for our school-year program generally takes one month.

